

Points of interest		Route	
Starting point: Accueil Vélo et Rando 31, Bd Heurteloup - Tours	Park/Forest	Cycle lanes	La Loire à Vélo
Tourist Office	Viewing point	Shared-use track	Cœur de France à Vélo
Heritage site	Water point/Toilets	Section along sandy track	Trail direction
Car park	Campsite	Tram line	Take care here
Vineyard			

9 FROM THE BANKS OF THE CHER TO THE BANKS OF THE LOIRE

Ride designed by Accueil Vélo et Rando



Discover the detailed road-by-road itinerary for this route at velo-rando-touraine.fr and on the [geovelo](https://www.geovelo.com) app.



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FROM THE BANKS OF THE CHER TO THE BANKS OF THE LOIRE

Parc de l'Île Balzac



©Ville de Tours - V. Liorit

Banks of the Cher



©OT Montlouis-Vouvray - A. Clément

Montlouis-sur-Loire



©Borja Merino - Château de la Bourdaisière

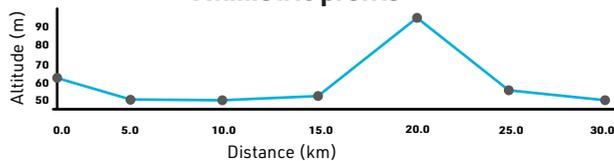
Head towards Parc Honoré de Balzac island, located in the heart of the city. A place to relax and connect with nature, here you can take in the view of the Cher and the vines planted in 2015.

Continue along the banks of the Cher river following the Coeur de France à vélo - Val de Cher route. Take a look on the other bank: you will see the towns of Vêretz and Larçay.

Go past the Château de la Bourdaisière and its extensive grounds, then cycle through the vineyards to reach the centre of Montlouis.

From Montlouis, follow the Loire à Vélo route, passing through the Île de la Métairie, a sensitive natural area. Take in the view of Rochecorbon and the arrival into Tours with Cathédrale Saint-Gatien in the distance.

Altimetric profile



Banks of the Loire



©David Darrault - ADT Touraine



Accueil Vélo et Rando
TOURS VAL DE LOIRE

The cycle loops of the métropole



FROM THE BANKS OF THE CHER TO THE BANKS OF THE LOIRE

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PARC DE L'ÎLE BALZAC • BANKS OF THE CHER
• MONTLOUIS-SUR-LOIRE • BANKS OF THE LOIRE



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EASY



½ DAY



34 KM

Tours
métropole
Val de Loire

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